

Pratt

Creative Arts Therapy Department

SPRING INSTITUTE



2017

Monday, May 22nd – Wednesday, May 24th

Pratt Brooklyn Campus

The Spring Institute is a three-day introductory educational program exploring creative arts therapy. Nine modules will be offered examining various aspects of creative arts therapy. Participants may take any combination of these non-credit modules.

The information that follows offers detailed information and registration materials.

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DAY ONE:

Module 1: Monday May 22nd, 9:00 AM – 11:00 AM, North Hall Room 210

Intro to Creative Arts Therapy – Jean Davis and Joan Wittig

The theory and practice of creative arts therapy will be explored through experiential exercises. The use of kinesthetic experience, movement expression, and visual knowledge, as well as their integration will be explored.

Module 2: Monday May 22nd, 11:15 AM – 1:15 PM, North Hall Room 213

Art and our Environment – Dina Schapiro

Art not only allows expression of your inner environment, but it also reflects your relationship to the external environment. This workshop will explore through the creation of a three dimensional art piece, the complex inter-relationship of these two environments. Art is the bridge that connects how we affect our environment and how it affects us.

Module 3: Monday May 22nd, 2:30 PM – 4:30 PM, North Hall Room 213

Interplay: Nurturing the Creative Impulse – Ted Ehrhardt and Michael Jones

Using movement improvisation participants will explore how they respond to their own impulses to move and how they respond to the movements of others. The goal is to increase a person's creative capacities and to further develop their expression in movement and words. No experience is necessary, only a willingness to play with others.

DAY TWO:

Module 4: Tuesday May 23rd, 9:00 AM – 11:00 AM, North Hall Room 213

Creating Space: Yoga and Art Therapy – Sara Rothstein

In Creating Space you will be guided through the use of yoga to create space within yourself and use art making as an external awareness of this process. Yoga breath work (pranayama) and movement (asana) will help you create internal space and then we will explore, through the experience of art making, how the use of this space may serve as a tool for life. You're welcome to bring your own yoga mat. No previous art or yoga experience is necessary.

Module 5: Tuesday May 23rd, 11:15 AM – 1:15 PM, North Hall Room 213

Nature as Antidote – Corinna Brown

Moving through a hectic urban landscape of concrete, asphalt, glass, and steel on a daily basis can take its toll on the body-mind connection. Many people experience a “psychic numbing” and disconnection from themselves and others when they are deprived contact with nature. This workshop will provide participants with antidotes for this type of everyday malaise. Together we will move and make art outdoors on Pratt grounds amidst the trees, bushes, flowers and grass along with the creatures that inhabit our campus. Through dance/movement, writing and art making we will create rituals for ourselves that can help us maintain our connection to nature while living in one of the largest cities in the world.

Module 6: Tuesday May 23rd, 2:30 PM – 4:30 PM, North Hall Room 210

Open Studio Art – Kim Bush

Open Studio is about communing with our innermost creative voice in an atmosphere of safety. We will experience being alone in the presence of others and share in the facilitation of energy, which nurtures contact with one's personal truth.

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DAY THREE:

Module 7: Wednesday May 24th, 9:00 AM – 11:00 AM, North Hall Room 212

A Place of Play – Eva Young

“It is in playing and only in playing that the individual child or adult is able to be creative and to use the whole personality, and it is only in being creative that the individual discovers the self.”
D.W. Winnicott

We express ourselves and relate to each other through the active use of the many parts of the self. Creative play is one of the exciting ways that babies, children and grown-ups explore the world. It is both a personal and interactive exploration. In this workshop, participants will experience how the creative process and self discovery develop together within the play space of therapy. Using a variety of materials, participants will work (play) independently and as part of a group, using art making, imagery and each other.

Module 8: Wednesday May 24th, 11:15 AM – 1:15 PM, North Hall Room 210

Dreams, Myths, and Creative Arts Therapy – Melissa Klay

Dreams, myths, and the creative arts therapies have been in existence since the beginning of man. Each form not only serves as a function but also as a creative outlet. In the Creative Arts Therapy field, the nonverbal language of art, dance, drama, music, and poetry help the individual bridge the unconscious to the conscious. The same is true for dreams and myths. In this workshop, we will discover how dreams and myths are integrated into the creative arts therapies in order to explore one's psyche and to help tend to the soul.

Module 9: Wednesday May 24th, 2:30 PM – 4:30 PM, North Hall Room 213

Authentic Movement: Choreographing the Inner Landscape – Julie Miller

Creativity arises from the deepest, most authentic layers of the self. Through the medium of Authentic Movement, this workshop will provide an opportunity to explore the authentic self as a source of creativity in one's work and life. By allowing the body to express itself without judgment or expectation, we create the space for those parts of the self to be heard without the demands of the everyday obligations that impinge on it.

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Registration Form

Name: _____

Address: _____

Tel: _____ email: _____

Please check if applicable:

Pratt student Pratt faculty Pratt on-site Supervisor

I would like to register for (please check all): **FEE: \$50 per module**

Module 1 Module 2 Module 3 Module 4 Module 5

Module 6 Module 7 Module 8 Module 9

TOTAL FEES ENCLOSED \$ _____

Please make checks payable to Pratt Institute.

Pre-registration fees must be paid in full by May 15, 2017. Fees are refundable, minus \$25 handling fee, until five working days prior to the event. Cancellations not received in writing five days prior to the beginning of course/workshop are not refundable.

Registration after this date (including on-site registration) is available on a first come/first serve basis. Modules will be offered contingent upon sufficient enrollment.

For additional information, please contact the Creative Arts Therapy Office at 718-636-3428 or email springinstitute2017@gmail.com.

Mail registration and payment to:

Graduate Creative Arts Therapy Department
200 Willoughby Avenue – North Hall Room 238
Brooklyn, NY 11205-9975