

Pratt

Creative Arts Therapy Department

SPRING INSTITUTE



2012

Monday, May 14th - Wednesday, May 16th

Pratt Brooklyn Campus

The Spring Institute is a three-day introductory educational program exploring creative arts therapy. Nine modules will be offered examining various aspects of creative arts therapy. Participants may take any combination of these non-credit modules.

The information that follows offers detailed information and registration materials.

Pratt SPRING INSTITUTE

Module 1, Monday, 5/14, 9AM-11AM – Brooklyn campus

Introduction to Creative Arts Therapy - Laurel Thompson

The theory and practice of creative arts therapy will be explored through experiential exercises. The use of kinesthetic experience, movement expression, and visual knowledge, as well as their integration will be explored.

Module 2, Monday, 5/14, 11:15AM-1:15PM – Brooklyn campus

Authentic Movement: Faces of god. Are We Therapists or Priests? – Ted Ehrhardt and Melissa Klay

In the Creative Arts Therapy field, the non-verbal language of art, dance, drama, music, and poetry help the individual bridge the unconscious to the conscious. Using the expressive modality, an in-depth exploration of one's psyche will emerge and the soul will be tended. In this workshop, two creative arts therapies, art and dance, will be central in discussing how these modalities are used for both personal and professional growth.

Module 3, Monday, 5/14, 2:30PM-4:30PM – Brooklyn campus

Enabling Change through Dance/Movement Therapy – Beate Becker

We will explore how emotion, memory, conflict, and relationship reveal themselves, transform, and are owned in dance/movement therapy.

Module 4, Tuesday, 5/15, 9AM-11AM – Brooklyn campus

Is this Cultural? – Maria Romani de Goes

In this workshop participants will explore their cultural identity through art-making and discussion. This experiential workshop will give a taste of how the multilayered nature of art can assist people in being aware, to negotiate and embrace cultural aspects of themselves. The art will work as a bridge to create contact with others from different cultures.

Module 5, Tuesday, 5/15, 11:15AM-1:15PM – Brooklyn campus

The Relational Body: How We Become Human with Each Other - Jennifer Frank Tantia

Psychoanalyst Karen Horney contends that inner neurosis is caused by the ways in which we are affected by our environment (including each other!). Through experiential movement exercises, we will explore how Horney's theory of "moving *toward*, moving *away*, and moving *against*" is expressed in dance/movement therapy. We will then add a fourth dimension, "moving *with*," and experience how dance/movement therapy uses all four elements in the process of healing.

Module 6, Tuesday, 5/15, 2:30PM-4:30PM – Brooklyn campus

Inside/Outside – Dina Schapiro

This experiential workshop will introduce participants to a variety of art materials, and explain how those materials are used in treatment. Participants will be introduced to the ways in which a variety of materials affect, provoke, and respond to feelings.

Module 7, Wednesday, 5/16, 9AM-11AM – Brooklyn campus

Where I Am – Jean Davis

What does our environment tell us about ourselves? This experiential nature-making workshop will be conducted outdoors as a way of illuminating and influencing our inner landscape. Participants will learn simple art therapy directives that will open the potential for multi-dimensional therapeutic outcomes.

Module 8, Wednesday, 5/16, 11:15AM-1:15PM – Brooklyn campus

The Therapeutic Play Space – Eva Young

“It is in playing and only in playing that the individual child or adult is able to be creative and to use the whole personality, and it is only in being creative that the individual discovers the self.”
D.W. Winnicott

Creative play is one of the exciting ways that babies, children and grown-ups explore the world. It is both a personal and interactive exploration. In this workshop, participants will experience how the creative process and self discovery can develop together within the play space of therapy. Using a variety of materials, participants will work (play) independently and as part of a group while learning about their use of art, images and each other.

Module 9, Wednesday, 5/16, 2:30PM-4:30PM – Brooklyn campus

**Emerging Adulthood: The Third Rapprochement for Contemporary Women Turning 30 –
Melissa Klay**

Today, women in their middle to late 20s and early 30s are experiencing transformation and a formulation of one's identity. In this workshop, we will explore this current phenomenon by discussing the theoretical lens of Object Relations, archetypes, the Persephone and Demeter myth as well as artwork.



SPRING INSTITUTE Registration Form

\$50 per module

Name: _____

Address: _____

Tel: _____ email: _____

Please check if applicable:

Pratt student Pratt faculty Pratt on-site Supervisor

I would like to register for (please check):

Module 1 Module 2 Module 3 Module 4 Module 5

Module 6 Module 7 Module 8 Module 9

TOTAL FEES ENCLOSED \$ _____

Please make checks payable to **Pratt Institute**.

Pre-registration fees must be paid in full by May 9, 2012. Fees are refundable, minus \$25 handling fee, until five working days prior to the event. Cancellations not received in writing five days prior to the beginning of course/workshop are not refundable. Registration after this date (including on-site registration) is available on a first come/first serve basis. Modules will be offered contingent upon sufficient enrollment. For additional information, please contact Jean Simmons at 718-636-3428 or email adt@pratt.edu.

Mail registration and payment to:

Pratt Institute: Jean Simmons,
Graduate Creative Arts Therapy Department
200 Willoughby Avenue - East Hall 3
Brooklyn, NY 11205-9975